

# Case study 1

## Anna\* – Age 13

*Date of amputation: September 2005*

*Reason for amputation: Meningitis*

**Anna is a quadruple amputee as a result of meningitis. She has had a set of activity blades for a number of years. We have included Anna in our set of case studies as she is a shining example of the difference activity limbs can make to the quality of a child's life, both physically and emotionally.**

Anna has always been a very positive and happy child. She has always had a positive mental attitude and has strived to achieve everything that she has put her mind to. Anna has always been active and wanted to join in activities with her siblings, particularly her twin sister, and her friends.

Anna's parents saw a marked improvement in her inclusion when she received her first set of blades, explaining there was a massive progression in how much more agile she was and her ability to participate in activities and sport at school and in the community. Her ability to succeed in activities such as running gave her more confidence in other areas and today she is part of the England swim team. Anna roller skates, ice skates and also enjoys trampolining.

Anna usually chooses to wear her blades, reasoning that they give her more freedom and movement because they are lighter and give her a spring in her step.

Anna participates in many activities and attends LimbPower Junior Games, where she is a role model and a bit of a celebrity to other children. Her achievements have shown many families what is possible. She does not consider herself to be disabled, as long as she is able to take part in the activities that she wants to, she feels that

she has a complete life.

Her family are thrilled that more children are being given access to activity limbs, having seen the huge benefits they have had on Anna's life. They would encourage all families to consider activity blades, if it is appropriate for their child, stating that it is the practicality of them that is the main benefit to Anna, helping her to achieve

everything she wants to with limbs that lend themselves to the activity being undertaken. The difference in their daughter's life because of her activity limbs has been pivotal in her leading a full and active life.



*\*Please note that the names of the children have been changed to protect their identities.*

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LimbPower exists to engage amputees and individuals with limb impairments in regular and sustained participation in physical activity, sport and the arts to improve quality of life and to aid physical, social and psychological rehabilitation. To find out more about how we can help you, visit our website. LimbPower is a Limited Company No. 09513024 Charity No 1132829